



Break the Silence Event



Tuesday, April 13th from 6:30 - 7:30pm

←Virtually→

Hosted by
Piedmont's Break the Silence Club!

In partnership with



Advocacy | Education | Prevention

And Union County System of Care

- Presentation to Raise Mental Health Awareness and Encourage Conversation
- MHA Storyteller with lived experience will share their journey
- Q&A
- Call to action: QPR Suicide Prevention training (Question, Persuade & Refer)

[Register at www.mhacentralcarolinas.org](http://www.mhacentralcarolinas.org) Events page to receive Zoom link